


















School Days Checklist


Morning

- ☐  Get dressed
- ☐  Eat Breakfast
- ☐  Make lunch
- ☐  Clean up
- ☐  Brush teeth & hair
- ☐  Wipe sink
- ☐  Check pack for:
 - Homework
 - Notes
 - Lunch
- ☐  Winter gear
- ☐  Kiss mom

After school

- ☐  Kiss mom
- ☐  Shoes away
- ☐  Empty pack:
 - Homework
 - Notes
 - Lunch
- ☐ Hang up pack
- ☐  Hang up coat
- ☐  Snack
- ☐  Clean up
- ☐  Do homework
- ☐  Practice music
- ☐ House help (10-15 min)

Bedtime

- ☐  Pack backpack
- ☐  Shower
- ☐  Brush teeth & hair
- ☐  Wipe sink
- ☐  Hang up towel
- ☐  Clean room
- ☐  Read
- ☐  Kiss mom & dad